



KEVIN W. FRYER DDS INC

## Temporary Crown Instructions

Brushing and flossing vigorously will keep the tissue from bleeding on the day of cementation. Bleeding increases the chance that the restoration might need to be redone, and invites post-operative sensitivity, as well as recurrent decay and gum disease. It could even result in the need of a root canal.

\*Brush thoroughly, especially around the gum line, three times a day.

\*Floss daily. Pull the floss out from the side, NOT up from between the teeth, this will dislodge the temporary.

-Use a bridge threader to get the floss between splinted provisionals.

-Thoroughly floss under any artificial teeth each day so they do not collect debris and odors.

### Preventing Damage to Temporary Crown

Avoid sticky foods and chewing gum, because they can pull out the temporary. Do not use toothpicks.

Avoid chewing hard substances like candy, hard bread, tough meat, or ice. These could break the temporary and or damage the tooth.

Avoid peroxide toothpastes.

### Managing Problems

Please call us immediately if the temporary comes out, loosens, or breaks. These occurrences may cause the tooth to drift, resulting in problems with the bite and the contacts between the teeth. Loose temporary crowns may require the case to be made over, and often results in root canals.