



KEVIN W. FRYER DDS INC

## Extractions for Denture Post Op Instructions

Following the immediate placement of dentures, mild to moderate pain is expected. Your dentist or oral surgeon may prescribe pain relievers. Please take them as prescribed. Your comfort is very important in the healing process.

The denture will likely cause "sore spots" to develop over the first days and weeks. Please call the office AS SOON as you experience sore spots. We will most likely be able to see you on the same day for this. **These sore spots are NORMAL and will continue to occur as your gums heal from the extractions.**

**DO NOT remove the denture for the first 24 hours following the immediate insertion of your denture.** A post-op appointment will be scheduled the day after the insertion and the dentist or assistant will remove, clean and adjust them. The dentist will remove your denture at this time.

Please do not remove any sutures that were placed. An appointment will usually be scheduled 7-10 days from surgery to remove them. Some sutures need not be removed as they will dissolve on their own.

A periodic bite adjustment will usually be necessary to fine tune your chewing ability.

Please remember that dentures are a replacement for nothing, and are not your natural teeth. Adjusting to speech, eating, and comfort usually takes 2-4 weeks.

Your gums will heal and change over the first 4-6 weeks. During this time you will notice a loosening in the denture. Please use a denture adhesive or cream, purchased at the drug or grocery store, to make the denture more stable.

8-12 weeks following surgery and delivery of your immediate denture, an appointment will be scheduled with the dentist to evaluate the fit and esthetics of the denture. At that time, the patient and dentist will determine if the denture needs to be remade or if a laboratory relin should be done to enhance the fit of the denture. The details of these procedures will be discussed and scheduled at that time.