



KEVIN W. FRYER DDS INC
We Provide Healthy Smiles For Our Neighbors And Friends

NTI Instructions

1. Only wear the NTI appliance when sleeping.
2. Sit up to place the appliance in your mouth.
3. Do not eat or drink with the appliance in your mouth.
4. The appliance should “lock” into place. If it is loose, or if you can take it out with your lip or tongue, **DO NOT WEAR** the appliance. Call us immediately to schedule a time to have the appliance adjusted.
5. If you notice any unusual grooves or deep teeth marks in your appliance, call to schedule an appointment.
6. Bring your appliance to all appointments with us so that it can be adjusted.
7. Do **NOT** soak your appliance in anything. Do **NOT** place it in the dishwasher. Do **NOT** use toothpaste on your appliance.
8. Use water only to clean your NTI appliance and **GENTLY** use your toothbrush (without toothpaste) to clean it.
9. Do not hesitate to call if you have any questions or concerns.